

A Study on Physical Characterization of Municipal Solid Waste of Jammu City on the Basis of Socioeconomic Status of the Population

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Abstract

Generation of waste has been associated with humans since dawn of civilization. But in recent decades due to factors like ever increasing population, urbanization and industrialization, the amount of waste generated has spiked to enormous proportions. The composition of waste has significantly changed since plastic was first used in the middle of the 19th century. MSW management is a significant environmental concern in India. Jammu City generates an immense amount of solid waste, approximately 350–400 metric tons (MT) daily, with an individual generation rate of around 0.55 kg per day. MSW management in Jammu City is handled by the Jammu Municipal Corporation (JMC). In the city, MSW collection, transportation, and disposal are all handled by JMC. MSW of Jammu city is disposed at Kot Bhalwal which is an open landfill site. As of now no prior treatment of MSW is being done. Present study attempts to assess the current state of MSW management in Jammu city. Sampling was done in the month of July, 2022 from 15 different wards classified in the basis of socioeconomic status and physical characterization of MSW was conducted. This paper analyzes the results obtained from physical characteristics of MSW from three diverse socioeconomic groups HIG, MIG and LIG. This would help in understanding the waste generation pattern of different socioeconomic groups. MSW from MIG contains large proportion of organic matter (55%) and is thus suitable for composting and bio-methanation, however MSW collected from HIG locality contain high proportion of inorganic materials like paper/cardboard, plastic, polythene and textile waste and therefore it is suitable for Refuse Derived Fuel (RDF) facility. MSW from Jammu city also contain high fraction of inert waste (20% to 45%). Inert waste can be easily disposed but when it is mixed with MSW it increases the volume and weight of total MSW



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and therefore increase the difficulty of MSW management. This study also explores the alternative approaches to MSWM in Jammu city. Data generated by present study will be beneficial to JMC for designing future course of action for management of MSW of Jammu City.

Introduction

Generation of waste is one of the unavoidable factors of the human existence on planet earth. Waste has been generated since ancient times in the households. These waste material usually consisted of food waste, fruit and vegetable peels etc. These material were organic and return to soil or fed to cattle. But with the introduction of plastic the nature of waste started to change gradually. Also increasing population and urbanization led to generation of large quantities of waste.¹ This waste falls into one of three categories: solid, liquid, or gaseous wastes. However gaseous emissions into the atmosphere were given serious emphasis along with liquid waste but the area of solid waste is often neglected. Solid waste is the useless, undesirable, discarded solid materials generated by humans in residential, industrial, and commercial areas. It consists of innumerable distinct components, including vegetable refuse, papers, glass, plastics, wood, garden clippings, food waste, radioactive wastes, and hazardous waste. The term also refers to the accumulation of agricultural, industrial, commercial, and mineral residues, among others.² MSW is defined as waste that consists of all domestic refuse, commercial waste, institutional waste, street cleansing and construction wastes, and sanitation residue, and is primarily generated by residential and commercial complexes.

The composition and quantity of municipal solid wastes differ greatly for different municipalities and at different seasons in the year. The important factors responsible for these variations are industrialization and urbanization, festivals, per capita income, climate, social customs, geography, geology etc. Urbanization is responsible for more solid waste generation because generation rates of MSW of urban population are more than that of rural ones. SWM involves the procedures of collecting, treating, transportation and disposal of solid material that is discarded.³ The main objectives of SWM are to control, collect, process, utilize and disposal of solid wastes such that the health of human being and

natural environment is protected in an economical manner.⁴ Serious environmental issues are caused by the improper handling and disposal of these waste products. Nevertheless, numerous waste materials possess the potential for reuse, presenting an opportunity for energy generation when managed effectively. The Earth Summit (1992, 2002) organized by the UNCED introduced the notion of sustainable waste management, aiming to integrate ecological, economic, and social advancements.⁵

India is 2nd largest country in terms of population, having a population of 1.30 billion which accounts for about 18% of total population of world. As India is experiencing rapid growth of population and also experiencing upliftment in terms of economic, technology as well as in socio-economic status, which has direct effect on the waste generation.⁶ India produces approx. 1,50,000 tons of MSW per day with 0.17 kg/capita/day in small towns and 0.62 kg/capita/day in big cities.⁷ Big cities like Bangalore, Hyderabad, Delhi, Kolkata, Chennai, Mumbai and Ahmadabad accounts for about 70% of population of India and are among top producers of MSW in India.⁸ MSW of India has a major fraction of organic constituents i.e. 40%-50%.⁹

The generation of municipal solid waste (MSW) exhibits a robust relationship with the demographic size. As India experiences growth, the corresponding surge in waste production from both cities and villages is notable. Economic development, geographical factors, seasonal fluctuations, lifestyle, standard of living, and population dynamics significantly influence the quantities of MSW produced.¹⁰ Therefore, it is imperative to gather data on generation patterns and quantity variations to implement efficient MSW management practices and achieve resource recovery effectively.¹¹

The collection of MSW involves gathering waste from diverse sources such as residential areas, commercial zones, and institutions, transporting it to the waste disposal site.¹² Methods for waste

collection are generally classified based on the type of waste and the mechanism of action. Numerous studies indicate that MSW is often gathered and stored in common bins without segregation. In India, waste collection bins include reinforced cement concrete (RCC), masonry, plastic, and metallic containers. Inefficient design and installation of waste collection bins in many cities contribute to poor collection efficiency. To address this, municipal authorities have implemented strategies such as pre-informed collection timings, house-to-house collection and community bin collection to enhance collection efficiency. Studies suggest that the collection efficiency of waste in Indian cities is approximately 70%.¹³

Transportation in waste management involves utilizing various means or facilities to move waste from one location to another. Typically employed vehicles include compactors, tippers, dumpers, trailers, semi-trailers, hand carts, electric carts, trucks, and trolleys. Issues considered for waste transportation encompass cost, waste density, route planning, vehicle capacity, and design.¹⁴ In India, about 70% of cities face insufficient transportation facilities. Numerous studies highlight outdated vehicles and inadequate design in waste transportation vehicles in Indian cities. Municipalities typically provide vehicles for waste transportation, although some cities opt for private contractors. Remarkably, the collection and transportation alone consume approx. 80 to 90% of the overall budget allotted for SWM in most cities, which leads to limited resources for waste treatment and disposal.¹⁵

Currently, the sole feasible approach for the long-term management of waste involves its disposal on or within the earth's crust. In many regions of the world, land filling MSW is recognized as the very practical and economical approach for managing waste.¹⁶ In India greater than 90% of MSW disposal involve the dumping of MSW on unplanned or open landfills. Although methods of treatment such recycling, composting, and incineration are frequently employed, dumping on landfill sites continues to be the most popular method of disposing of solid waste.¹⁷ Studies on environmental inequality also reveal that such garbage facilities are frequently disproportionately set up in deprived areas or in communities with a high concentration of minorities, which results in unequal pollutant exposure. Unscientific disposal

of solid wastes causes a number of environmental risks, including: air, soil, and groundwater pollution, which have a negative influence on human health.¹⁸ As a result of the disposal of MSW in open dumping sites, pollution of groundwater by leachate from unlined landfill sites is very common and is frequently seen in developing countries.

The MSW produced in Asian nations, particularly India, contains a significant proportion of organic materials. Because of the tropical environment, these materials disintegrate in rainwater and produce leachate, which, depending on the penetrability of the soil, might contaminate groundwater. The characteristics of leachate are influenced by the composition of the MSW, rainfall, hydrology of the region, interaction leachate's interaction with underlying rocks strata, landfill design, and operating protocols.^{19,20} The contamination of groundwater by leachate poses a significant and prolonged environmental threat, often remaining undetected for extended periods. Achieving sustainable waste management is acknowledged to require a multifaceted approach due to the diversified characteristics of waste. Hence, amalgamation of technologies such as sanitary landfilling, composting, RDF, recycling, and incineration is imperative for establishing an integrated waste management system. In the context of India, the predominant components of waste consist of organics, followed by paper and plastics. Consequently, waste treatment methods in Indian cities primarily involve composting and waste-to-energy processes. This comprehensive strategy addresses the varied nature of waste constituents, ensuring a more effective and sustainable management system.

MSW is one of the major concerns, particularly in developing countries, and is the reason behind many environmental concerns, like – pollution of air, water and soil and greenhouse gases emissions from landfill sites. Improper handling of solid waste has a variety of detrimental effects. Diseases are frequently spread as a result of the contamination of land and water resources caused by inappropriate waste disposal. Unscientific disposal techniques are most prevalent in developing nations, including India, where it has been estimated that 90% of the country's solid waste is thrown straight into landfills in an unacceptable manner, especially in larger cities and towns.¹⁹ The release of gases from

landfills contributes significantly to global climate changes. With a substantial portion of municipal solid waste (MSW) comprising organic fractions, the disposal of waste initiates processes that transform the biodegradable components, resulting in the production of harmful gases and leachate. This rapid decomposition of the organic waste within landfills gives rise to the emission of gases, contributing to environmental issues such as greenhouse gas accumulation. The interconnected processes of waste breakdown and gas generation underscore the importance of adopting effective waste management strategies that address both environmental and public health concerns associated with landfill activities. Gases found in landfills include NH₃, CO, CO₂, H₂S and CH₄. The primary gases produced by anaerobic digestion of the organic waste components are methane and carbon dioxide. The emission of landfill gases during waste disposal poses a significant environmental threat.

To address the issue of waste and reduce its threats to health and the environment, numerous rules and policies have been developed over time. In ancient times, polluting the air, water, or land was considered a sin, as these elements were revered as 'God' and 'Goddesses.' The focus was on maintaining hygiene, cleanliness, and an uncontaminated environment. The Government of India (GOI) took early steps towards solid waste management by providing monetary support to municipalities, particularly according to the 4th five-year plan (1964-1974). In 2000, the MoEFCC formulated guidelines encompassing the collection, segregation, storage, transportation, processing, treatment technologies, and disposal of waste. These guidelines have been recently revised and are now known as the SWM Rules, 2016. Table 1 provides an indication of the rules established for various categories of waste.

Table 1: Waste management rules in India

Rules	Objectives
EPA, 1986	Environment protection, prevention of hazards to people, other living things, plants, and property ^{21,22}
The Hazardous Wastes Management Rules, 2016	To promote the appropriate handling of hazardous waste and prevent any harm to human health and the environment ²³
Plastic Waste Management Rules, 2016	Prohibit the production and sale of recycled plastic bags for food packaging, and enforce a ban on the use and disposal of plastic items in drains or public spaces ²⁴
Bio-Medical Waste Management Rules, 2016	Regulate the unsystematic disposal of hospital or biomedical waste ²⁵
SWM Rules, 2016	Establishing guidelines for the collection, storage, transportation, treatment, and disposal of municipal solid waste (MSW), also aims to mitigate its environmental impacts ²⁶
E-Waste Management Rules, 2016	Facilitating the recovery and reuse of valuable materials from Electronic Equipments which is essential for achieving environmentally sound management ²⁷
C&D Waste Management Rules, 2016	Regulate the indiscriminate dumping of C&D waste along with MSW by establishing separate disposal sites dedicated specifically to the dumping of such waste ²⁸

Study Area

Jammu is situated along the banks of river Tawi. Due to the numerous historical temples that are located in the city, Jammu is also known as the "City of Temples". With its fast growing urban agglomerations and booming infrastructure Jammu

is the second largest city in the UT. Jammu lies at 74.87°E longitude and 32.73°N Latitude sprawling in an area of 240 sq. km. Jammu is the capital of UT of J&K (winter) with a population of 5,76,195 in the year 2011.²⁹

Jammu Municipal Corporation oversees all aspects of SWM in the city. The location map of Jammu City is illustrated in Figure 1. The city has been divided into 3 Zones and 75 wards for proper and effective management.

Zone 1

Zone 1 comprises of old city area of Jammu city. Total population of zone 1 is 165059. The population density in zone 1 is high making the collection & transportation of waste a big challenge. Due to the narrow lanes, the movement of vehicles (even for handcarts) is very difficult in this zone. This zone is mostly inhabited by low and middle income group of people.

Zone 2

The extended and some peri-urban parts of the old city up to Shazadpur and Barnai comes under Zone 2. Compared to Zone 1, zone 2 has a much lower population density. Total population of zone 2 is 200318. It consists of large area wards making collection & transportation a costly proposition.

Zone 3

As mentioned above, this zone is located at the southern part of Tawi River and locally known as Trikuta region. Total population of zone 3 is 216036. This zone consists of posh areas of city and is largely consisting of high-income group population.

Table 2: Area (sq. Km.) and Population of selected localities

Name of Locality	Area in (sq. Km.)	Population
Gandhi Nagar(N)	2.8	8773
Gandhi Nagar(S)	2.6	7145
Shastri Nagar	2.5	5391
Channi Himmat	4.1	8151
Trikuta Nagar	3.9	7062
Panjtirthi	1.9	6207
Jullaka Mohalla	2.1	5888
Talab Khatikan	1.98	4392
Gujjar Nagar	2.8	4416
Kanji House	3.1	7538
Bahu(E)	3.4	11008
Bahu(W)	3.3	4593
Malhotra Mohalla	2.2	2072
Nai Basti	3.2	10391
Paloura	3.7	6653

Table 3: Localities and their Socioeconomic Group along with Average Household Income

Socioeconomic Group	Locality	Average income of Household (in Rupees)
HIG	Gandhi Nagar (N), Gandhi Nagar (S), Shastri Nagar, Channi Himmat and Trikuta Nagar	Above 80000 per month
MIG	Panjtirthi, Jullaka Mohalla, Talab Khatikan, Gujjar Nagar and Kanji House	Between Rs 15000 to Rs 80000 Per Month
LIG	Bahu(E), Bahu(W), Malhotea Mohalla, Nai Basti and Paloura	Below Rs 15000 Per Month

For present study different localities were selected as shown in Table 2 on the basis of socioeconomic

status and grouped into three categories HIG, MIG and LIG as shown in Table 3. A preliminary

questionnaire survey was carried out in different administrative wards of Jammu City to assess the socioeconomic status of population. Average

monthly income of each socioeconomic group is shown in Table 3.

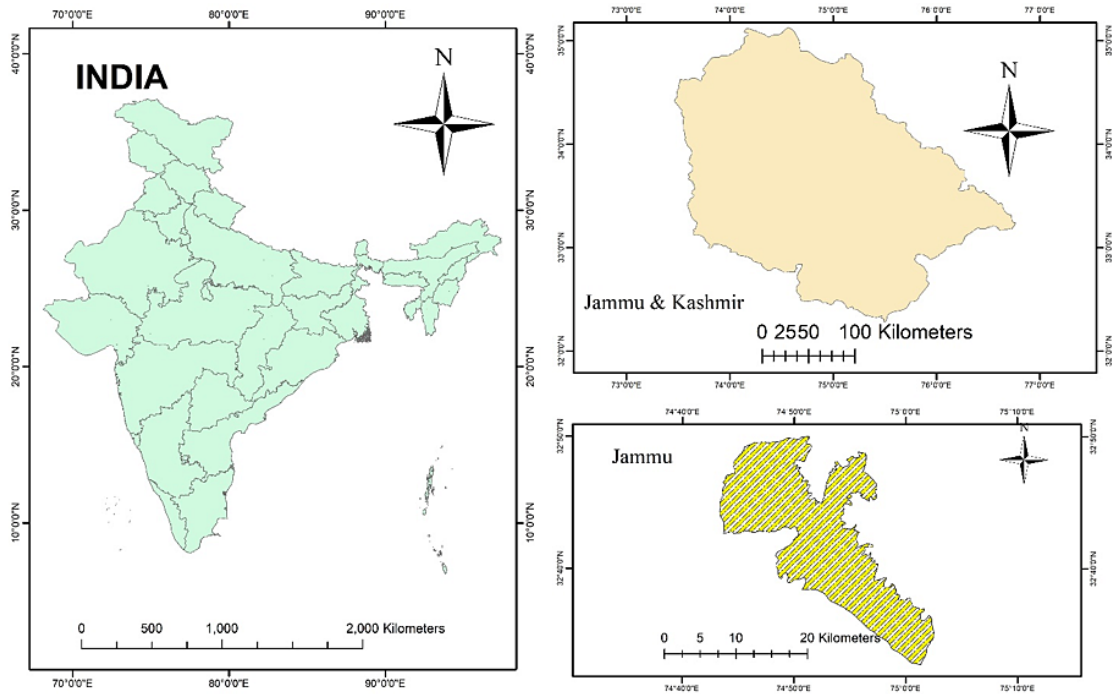


Fig. 1: Map of study area

Methodology

The sampling procedures used in the present study were pursuant with the ASTM-D5231-92 guidelines.³⁰ Sampling was conducted in the month of July, 2022 during the monsoon season and samples were collected and analyzed on wet weight basis (without removal of moisture or drying of waste samples). Five representative localities were selected from each Socioeconomic group (HIG, MIG and LIG) to ensure adequate representation of the study area. A preliminary survey was carried out in the study area and socioeconomic status was decided on the basis of family income. Samples were gathered from secondary storage points during unloading of vehicles (load carriers), and segregated into their components manually. Digital weighing balance was used to measure the weight of different fractions of MSW. The segregated component includes Organic Waste (kitchen waste, food waste, fruit/vegetable peels and flowers), Paper/cardboard, Plastic/Polythene, Wooden pieces/Dry leaves, Rubber/Leather, glass, metal, Textile waste, Inert and Miscellaneous

waste which includes sugarcane bagasse, human hair, coconut shells, straw/hay and thermocol. In general, inert wastes are defined as wastes that is chemically nonreactive and could not be degraded by microorganisms. The inert components present in the current study included street sweeping waste, drains cleaning waste, waste from construction and demolition of buildings which includes gravel, sand and stones. Statistical analysis is performed using MS excel and presented as pie-charts.

Results and Discussion

Physical characterization is crucial for estimating the fraction of recyclables, inert materials, and organic materials in the waste stream. This information can be utilized to determine the best methods for treating MSW. MSW production varies depending on factors including income, socioeconomic status, social trends, and cultural practices. The results of physical characterization of MSW from three different socioeconomic groups HIG, MIG, LIG of Jammu city are presented in Table 4, Table 5 and Table 6.

Table 4: Physical Characterization of MSW in High Income Group (HIG)

Components of MSW	Gandhi Nagar(N)	Gandhi Nagar(S)	Shastri Nagar	Channi Himmat	Trikuta Nagar	Mean Value
Organic Matter (%)	49.97	49.53	51.19	51.19	52.55	50.85
Paper/cardboard (%)	8.45	7.45	5.69	5.91	5.31	6.59
Plastic/Polythene (%)	7.52	9.47	8.51	5.52	7.88	7.82
Wooden pieces/Dry leaves (%)	3.32	1.92	4.18	2.00	1.56	2.62
Rubber/Leather (%)	0.2	0.86	0.30	0.36	0.06	0.37
Glass (%)	3.2	3.64	1.49	1.85	2.21	2.52
Metal (%)	1.4	2.35	0.87	1.34	0.65	1.34
Textile Waste (%)	0.13	0.73	0.33	0.36	0.12	0.34
Inert (%)	19.8	18.34	18.71	24.46	23.66	20.89
Miscellaneous (%)	5.8	5.72	8.73	7.01	5.99	6.66

Table 5: Physical Characterization of MSW in Middle Income Group (MIG)

Components of MSW	Panjtirthi	Jullaka Mohalla	Talab Khatikan	Gujjar Nagar	Kanji House	Mean Value
Organic Matter(%)	61.80	51.24	57.50	56.36	49.90	55.36
Paper/cardboard(%)	2.36	3.67	3.62	4.57	3.05	3.45
Plastic/Polythene (%)	8.41	10.33	7.63	9.40	10.50	9.25
Wooden pieces/Dry leaves (%)	0.50	0.45	3.19	2.53	2.93	1.92
Rubber/Leather (%)	0.21	0.07	0.00	0.00	0.16	0.09
Glass (%)	1.47	2.43	1.24	1.70	2.15	1.80
Metal (%)	0.29	0.41	0.11	0.26	0.47	0.31
Textile Waste (%)	0.50	0.41	0.28	0.00	0.23	0.29
Inert (%)	21.88	25.82	21.36	22.23	25.69	23.40
Miscellaneous (%)	2.52	5.16	5.07	2.94	4.92	4.13

Table 6: Physical Characterization of MSW in Low Income Group (LIG)

Components of MSW	Bahu(E)	Bahu(W)	Malhotra Mohalla	Nai Basti	Paloura	Mean
Organic Matter (%)	46	44	42	45.3	44	44.26
Paper/cardboard (%)	2	1.5	1.7	0.3	1	1.3
Plastic/Polythene (%)	4	4.5	5	3.5	7	4.8
Wooden pieces/Dry leaves (%)	1	1.2	0	0.05	1	0.65
Rubber/Leather (%)	0	0	0.05	0	0.1	0.03
Glass (%)	0	0	0.5	0	0.5	0.2
Metal (%)	0	0	0	1	0.5	0.3
Textile Waste (%)	0.1	0.09	0.11	0.08	0.12	0.1
Inert (%)	43.9	45	46	45	41.8	44.34
Miscellaneous (%)	3	4.07	4.8	4.7	4	4.114

The organic/biodegradable waste comprises mainly kitchen waste, fruits and vegetables peels, green leaves and flowers generated from diverse socioeconomic groups of the city. Organic matter is found to be dominating in all socioeconomic groups (HIG, MIG and LIG) as reflected in Table 4, Table 5 and Table 6. MSW from MIG contains maximum proportion of organic waste (55%) followed by HIG (51%) and LIG (44%). Second most abundant

component of MSW of Jammu city is inert waste. Jammu City's high inert fraction composition is mostly the result of an ongoing, unrestricted practice of mixing MSW with waste generated from street sweeping along with C&D waste. The fraction of inert waste is highest in LIG (44.34%) followed by MIG (23%) and HIG (21%). High percentage of inert waste is found in LIG is probably due to unpaved roads and unfurnished floors in houses.

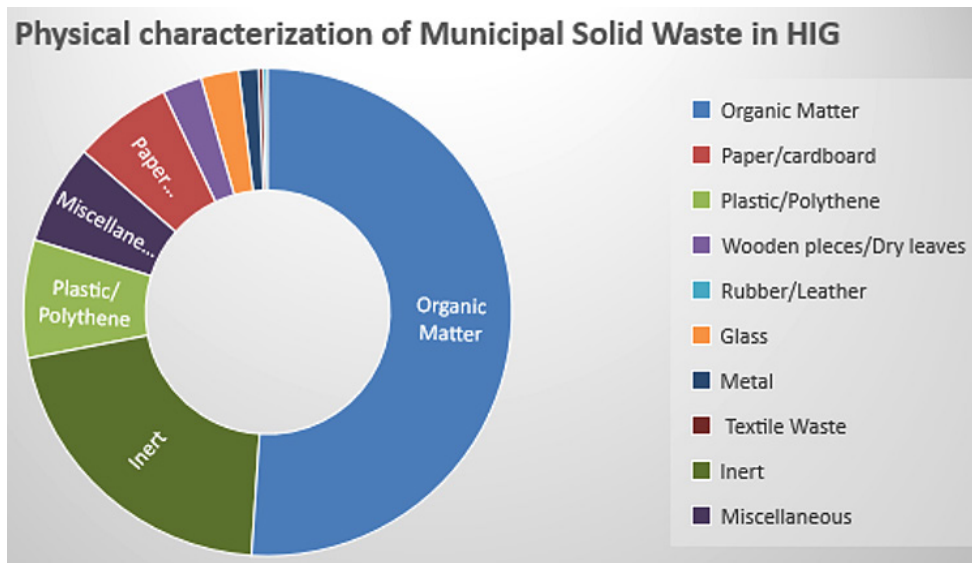


Fig. 2 (a): Physical Characterization of MSW in HIG

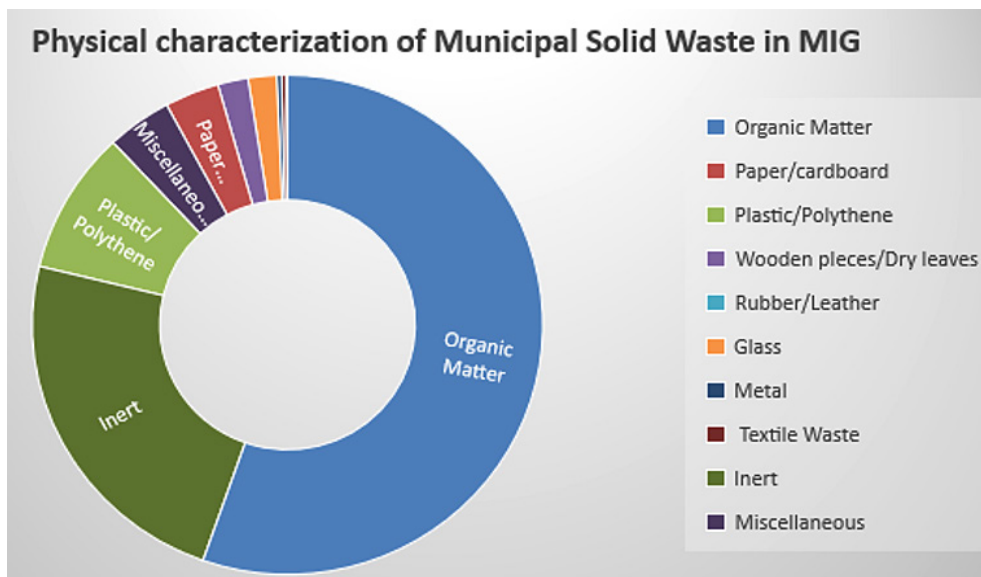


Fig. 2 (b): Physical Characterization of MSW in MIG

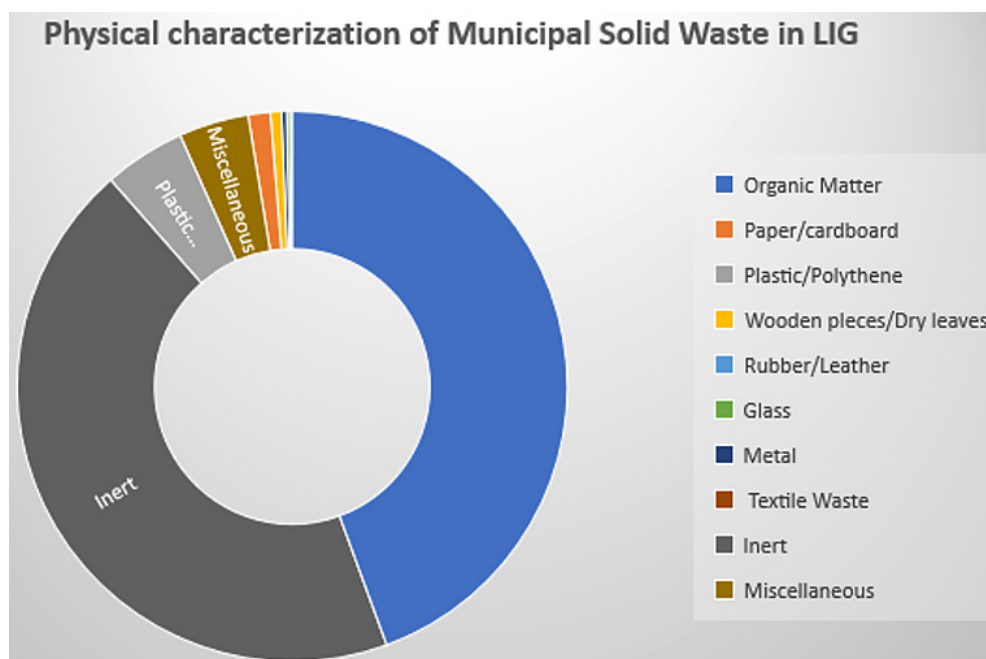


Fig. 2 (c): Physical Characterization of MSW in LIG

Table 7: Decreasing Trend of Different Components of MSW in Different Socioeconomic Groups

Socioeconomic Group	Decreasing Trend of Different Components of MSW
HIG	Organic Matter>Inert> Plastic/Polythene> Miscellaneous> Paper/cardboard> Wooden pieces/Dry leaves> Glass> Metal> Rubber/Leather> Textile Waste
MIG	Organic Matter>Inert> Plastic/Polythene> Miscellaneous> Paper/cardboard> Wooden pieces/Dry leaves> Glass> Metal> Textile Waste> Rubber/Leather
LIG	Organic Matter> Inert> Plastic/Polythene> Miscellaneous> Paper/cardboard> Wooden pieces/Dry leaves> Metal> Glass> Textile Waste> Rubber/Leather

The inorganic/non-compostable fraction of MSW in Jammu city include paper/cardboard, plastic/polythene, textiles, rubber/leather, glass and metals. It has been observed that the amount of inorganic constituents in MSW decreases with decrease in socioeconomic status. Paper/cardboard, metals and glass is found to be highest in HIG followed by MIG. MSW from LIG contains very minute fractions of Paper/cardboard, metals and glass. The probable reason for the lower proportion of paper/cardboard, metals, and glass in the waste generated by individuals from low-income groups (LIG) is the practice of selling recyclable materials to informal

waste dealers. Textile waste is also found to be high in HIG as compared to MIG and LIG.

The mean values obtained from five different wards in three different socioeconomic groups (HIG, MIG and LIG) are shown as pie charts in Figure 2(a, b and c) respectively. Decreasing trend of different components of waste generation in HIG, MIG and LIG is follows- Organic Matter>Inert> Plastic/Polythene> Miscellaneous> Paper/cardboard> Wooden pieces/Dry leaves> Glass> Metal> Rubber/Leather> Textile Waste ; Organic Matter>Inert> Plastic/Polythene> Miscellaneous> Paper/

cardboard> Wooden pieces/Dry leaves> Glass> Metal> Textile Waste> Rubber/Leather ; Organic Matter> Inert> Plastic/Polythene> Miscellaneous> Paper/cardboard> Wooden pieces/Dry leaves> Metal> Glass> Textile Waste> Rubber/Leather. Waste generation pattern varies with socioeconomic status as reflected in Figure 3. Organic matter and Inert waste are dominating components in MSW of Jammu city in all socioeconomic groups (HIG, MIG and LIG). When amount of waste generation is observed in different socioeconomic groups, it was

found that MIG is leading producer of MSW followed by HIG and LIG. The percentage of inorganic components varies with socioeconomic status. HIG is leading producer of inorganic components in MSW. LIG generates least amount of inorganic components among HIG, MIG and LIG. The percentage of inert fraction is comparatively high in LIG as compared to organic fractions and inorganic matter. Similar characterization studies performed in Shimla,³¹ Jalandhar,³² Pune,³³ and almost similar results were reported.³⁴

Trends of MSW Generation in HIG, MIG and LIG

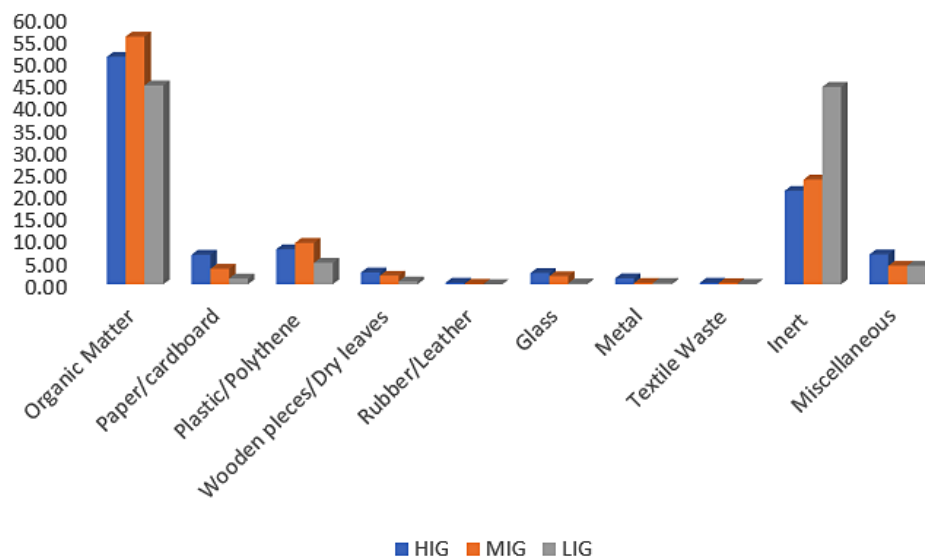


Fig. 3: MSW Generation Pattern on the basis of Socioeconomic Status

Current Scenario of MSW Management in Jammu City

Present study is focused on MSW management in Jammu city. MSW management in Jammu City is handled by the Jammu Municipal Corporation (JMC). In the city, MSW collection, transportation, and disposal are all handled by JMC. The amount of MSW produced is influenced by a number of variables, including dietary preferences, societal norms, seasonal fluctuations, and the extent of economic activities. With an individual generation rate of approximately 0.55 kg per day, Jammu City produces an enormous 350–400 metric tons (MT) of solid waste every day.²⁰ The collection capacity must be more than or equal to the rates of solid

waste generation for an efficient SWM system. However, in India, especially in Jammu the available collection capacity is frequently less than the actual waste generated, which is a major barrier to the successful execution of SWM systems. Door to Door collection of waste in Jammu city is still in infancy stage. Due to a unawareness among members of the community, segregation of waste at source is not currently being done.

Collection and transportation of MSW is done by using hand carts, rikshas or auto tippers. Waste is collected using hand carts in zone 1, where there is the highest population density in the city and the lanes are narrow. However in zone 2 and 3 where density

of population less, waste is transported by auto tippers from primary collecting sites to secondary storage sites. The secondary storage sites are open areas from which waste relocated physically by JMC workers or with the use of JCBs, Front-end loaders into Dumper Placers or Refuse Compactors. Final step of MSW management is waste disposal. MSW of Jammu city is disposed at Kot Bhalwal which is 10-15 km from the city.²¹ It is a 19.5 acre trenching ground that is covered in legacy waste. At this time, this site has received roughly 3.00 lakh tons of waste.

Existing Problems in the Present MSWM Practices in Jammu

The current waste management practices in Jammu are not efficient as JMC is lacking in many aspects of holistic management of MSW.

- Segregation of MSW at household level is not being practiced by locals. Door-to-door collection of MSW is practiced in most parts of city. This is because of the narrow lanes at certain places like in old city area, and even at some places handcarts are not viable for door to door collection.
- There are 67 primary collection points and 6 secondary collection points in the city. All of them are overflowing with waste and are invaded by stray animals.
- The primary to secondary waste transfer requires either manual transfer or transfer by JCB/front-end loaders by tipping the waste on to the open ground. No mechanical/automatic transfer exists. Also in both the collection phases (primary and secondary) no routing has been done to optimize the cost of transportation.
- As there is no source segregation, mixed waste reaching Kot-Bhalwal is dumped in trenches without any prior treatment or processing. Recovery of resources is marginal except informal segregation of recyclables by Rag pickers.
- There are no waste processing plants in JMC area, so there is huge gap to fill the National Green Tribunal compliances.

Recommendations

The results of physical characterization of MSW suggest that Jammu city has an urgent need

to establish an integrated MSW management facility. This unified facility for waste management must comply with the guidelines provided in SWM Rules, 2016.¹² The following alternatives are recommended based on the results attained from the physical characterization of MSW conducted for the Jammu city

Source Segregation

The physical characterization data of Jammu city stipulates that the MSW contains about 42% to 61% of the organic matter and around 20% to 45% inert waste. Therefore, the practice of segregation of waste at source should be executed promptly. This can be accomplished by briefing local residents on the significance of segregation of MSW at home and its contribution in effective MSW management. Waste generated from construction activities and street sweeping should not be mixed with MSW. This waste reduces the total energy content of MSW. To further aid in source segregation of the waste, color coded dustbins must be installed at different locations in Jammu city and at homes. For an efficacious management system, the carrying capacity of each container and bin must be estimated according to the rates of waste generation, population, and the density of population in different parts of Jammu city.

Recycling and Recovery

In order to save resources and stop environmental deterioration, recycling and garbage recovery are strongly encouraged. India has a plastic recovery rate of about 40%, which is substantially greater than many other developed countries, many of which have recycling rates of only 10-15%.^{35,36} Unfortunately, Jammu City lacks formal facilities for recovery or recycling. In order to reap the rewards of the recycling process, it is suggested that formal recycling units be introduced. In these units, waste should be properly recycled. In Jammu City, there are currently some informal recyclers who participate in the recycling process at local level. These recyclers are largely unorganized, unrecognized businesses and they do not contribute to the local economy.

Composting

The total management of MSW cannot be accomplished by adopting a single technique. Composting at home or at community level ought to be promoted because it would decrease the

load on dumping grounds. Composting or even vermi-composting has been advocated by many researches in India as well as abroad^{37,38} as it has significant impact on the management of organic waste. According to the results obtained from physical characterization of the MSW from Jammu City, greater than 50% of the MSW was organic and was disposed in open dumping areas without following any scientific procedures. Composting is a good technique to use in the city in this situation. The best way to dispose of urban solid waste is to compost it and use it as organic fertilizer for the soil since it stabilizes the organic matter and reduces the quantity of waste that needs to be disposed of in landfills. The SWM Rules, 2016 identify waste segregation as a requirement for efficacious composting, yet many municipalities do not take this into account when setting composting units.^{12,38}

Engineered Landfill

For Jammu city, it is recommended that a properly engineered, sanitary landfill site should be constructed. This landfill site should also have suitable system for leachate collection and extraction, which would assist control ground water pollution.³⁹

Other Recommendations

Finally yet importantly, public involvement is essential for the integrated solid waste management strategy to be implemented successfully. The public has to be informed about waste minimization strategies, waste segregation, and garbage recycling or reuse on a regular basis. The workers who participate in waste management activities in the city need to receive appropriate training, which should include information on potential occupational health risks. The waste handlers should get regular medical checkup. In order to inform and educate the public about waste management issues, there is also a critical need for the active participation of the media, NGO's, schools, and other educational institutions. All vehicles involved in the city's MSWM should be equipped with GPS tracking and route optimization system as well.⁴⁰

Conclusion

In conclusion, constantly rising volume of solid waste is a vital issue at the local, national, and international levels. Prediction and estimation of

different components in MSW play a vital role in designing future waste management plans. Results obtained from present study reveal that MSW of all socioeconomic groups of Jammu city (HIG, MIG and LIG) contain high percentage of organic matter (42% to 61%) followed by inert waste (20% to 45%). Inorganic components in MSW of Jammu city varies with socioeconomic status. Percentage of paper/cardboard, metals and glass is found to be highest in HIG followed by MIG and LIG. Based on these results it is suggested that a single technology would not be suitable for proper MSW management in Jammu. For complete management of MSW of Jammu city integrated technologies need to be adopted like RDF facility along with composting/bio-methanation plant. MSW from HIG contains large quantities of inorganic components (paper/cardboard, Plastic, polythene) therefore it is suitable for RDF. However MSW from MIG contains high concentration of organic matter and thus it is suitable for composting/bio-methanation. Inert fraction should not be mixed with MSW as it just increases the volume and weight of MSW and can be disposed off easily. It's high time that authorities change their perspective about waste. Rather than treating it as a burden to be disposed of, we should recognize that waste contains valuable materials and energy that can be recovered and reused. By adopting a circular economy approach to waste management, waste can be turned into wealth thus creating a more sustainable and prosperous future.

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Conflict of Interest

The authors do not have any conflict of interest.

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